

March 13, 2019



Tosin Adetoro is a service-oriented Soror who holds family, youth, and education dear. She comes from a large, close-knit, Nigerian family. But she found a special sisterhood when she became a member of Zeta Phi Beta Sorority, Incorporated through the Nu Xi Zeta chapter in Alexandria, VA in April 2006.

Tosin loves having the opportunity to serve through Zeta, particularly because of the impact of Zeta’s service projects. A member of the Eta Pi Zeta chapter since 2015, Tosin currently serves as the head of the Youth Committee, keeping the youth auxiliaries actively engaged in service and learning projects.

Tosin’s heart for youth is what led her to become an educator. She has an M.A. in Curriculum and Instruction from Virginia Tech, and an Educational Leadership and Administration certificate from George Washington University. She has taught a myriad of STEAM (Science, Technology, Engineering, Arts, and Math) classes for over a decade, including aerospace science, applied technology, and physics.

She currently leads elementary STEAM initiatives at a Falls Church City, VA public school, where she loves to have students do exciting projects like Lego engineering and flying drones and hot air balloons. Her principal and other educational leaders give her high accolades, as do her sorority sisters and the youth that she serves.

For all that she does, Soror Tosin Adetoro is our Zeta Crush for this Wednesday!

January 16, 2019

Berthlyn Scoulios was born in sunny Jamaica, West Indies, and raised in Brooklyn, NY. She has been a member of Zeta Phi Beta Sorority, Incorporated since 1986, when she joined the NYC Metro “Elite” Epsilon Chapter. Berthlyn later transitioned to Delta Mu Zeta in New York, before joining Eta Pi Zeta, after moving to Maryland in 1992. Berthlyn has served many roles in Zeta, including Youth Committee Chair, Archonette and Amicette Advisor, and currently as Second Vice President on Eta Pi Zeta Chapter’s Executive Board.

In addition to her illustrious service through Zeta, Berthlyn serves her community through her professional career as a nurse. She has degrees from Long Island University, Brooklyn Campus (bachelors) and the University of Maryland, Baltimore (masters). Berthlyn is also certified as a Pediatric Nurse Practitioner. She uses her skills and expertise to care for pre-term and fragile newborns in a pediatric intensive care unit. As a testament to her love for healing the sick, Berthlyn has also participated in medical missions to Calabar, Nigeria with fellow chapter member Dr. Felicia Basseyy-Akamune.

A professed introvert who loves reading, window shopping, and the guilty pleasures of mall food, Berthlyn is above all else devoted to her family. The youngest of seven siblings, Berthlyn is also a loving wife of 25 years to her best friend and soul mate. And she's a mother to three amazing sons.

For all that she does, Soror Berthlyn Scoulios is our Zeta crush for this Wednesday!



January 9, 2019

Cornelia (Tish) Gregory was born and raised in the nation’s capital of Washington, DC to very loving and hard-working parents, Cornell and Ida James, who made daily sacrifices for their family. From their examples, Tish would develop a work ethic from youth that has served her well into adulthood.

Tish became a member of Zeta Phi Beta Sorority, Incorporated, Eta Pi Zeta Chapter in December 2009. Her love for Zeta started on the campus of Virginia State University where she encountered members of the sorority who were bold, beautiful, outgoing, down-to-earth, and always working.

Tish answered the call that had pricked her heart earlier in college after she reunited with her 7th grade English Teacher Ms. Ingrid Naughton, a proud and phenomenal member of Zeta Phi Beta Sorority, Incorporated. Tish credits Zeta with giving her the platform to embark on a journey of endless possibilities. Service, Scholarship, Sisterhood and Finer Womanhood are always integral to her life.

Tish received her bachelor’s in Sociology and Social Work from Virginia State University. She’s been employed as a Social Services Case Manager for the past 11 years. Her favorite quote comes from Mahatma Gandhi: “The best way to find yourself is to lose yourself in the service of others.” She’s proud to know that her services have given people a sense of hope and courage.

Family means everything to Tish. A wife to a supportive husband, and a mother to a beautiful daughter and Pearllette named Ally, Tish enjoys various sports. She loves the Redskins, Wizards, tennis, and gymnastics, just to name a few. She also treasures spending time with her family and friends, the latest fashions, traveling, helping others, and serving for the love of Zeta.

For all that she does, Soror Cornelia Gregory is our Zeta crush for this Wednesday!

