

October 24, 2018

Mrs. Jane Chappell, whose family has roots in Uganda, was born and raised in Silver Spring, MD. She joined Zeta Phi Beta Sorority, Inc. in May 2006 through Iota Chi Zeta Chapter in Cambridge, MD. Jane is a proud sister, wife, mother and educator. Traveling with her family to various countries, enjoying arts and crafts, along with cooking and baking are just some of her hobbies.

Jane's life mission is to empower people to change their lives; her chosen field of study reflects this. She has a BS in Rehabilitation/ Behavioral Health from the University of Maryland Eastern Shore, and a master's degree in Clinical Mental Health Counseling from Trinity Washington University. Believing that she could expand her outreach to help more people, Jane enrolled at Morgan State University where she is currently a doctorate student in Community College Leadership.

While she makes balancing family and school seem easy, Jane also works two high-paced jobs. She's a federal Community Supervision Officer in Behavioral Health; and a Mental Health Therapist (LGPC) for children through adults, providing psychotherapy as a Leadership Facilitator.

Jane's passion, energy, and service were well noted when she transferred to Eta Pi Zeta Chapter in 2014. For Jane, she just enjoys being a part of a chapter that simulates her personal mission: helping people, help themselves through life-changing empowerment. We're grateful that Jane pours her heart into making other people's lives--and minds--better.

For all that she does, Soror Jane Chappell is our Zeta Crush for this Wednesday.



October 17, 2018

Lisa G. Eley will forever be a proud Baltimorean, even though she considers herself a city girl with a country spirit. She's made Montgomery County, MD her home for the past two decades, and straddles the fence between the Baltimore Ravens and Washington Redskins.

Always the behind-the-scenes, quiet activist with many passionate causes, Lisa sought a platform to further her outreach in the community. In January 2012, she found that platform when she became a member of Zeta Phi Beta Sorority, Inc., Eta Pi Zeta Chapter. What attracted her to this chapter then, and continues to motivate her volunteerism today, is the like-heartedness of these women whose zeal for giving back to uplift the underserved is genuine.

Currently, Lisa is on a mission to raise awareness about workplace bullying. A laboratory professional for over 30 years, Lisa is a driving force for advocating for mentally-healthy workplaces. She survived her own harrowing tale of workplace-bullying and believes that employers need to do more to protect victims from abuse on the job.

Lisa wrote about her ordeal in *Thirteen Geese in Flight: One Black Woman's Ascent into Mental Illness* and shares her story with audiences throughout the region. She's also authored a complimentary financial resources guide for college bound students. Helping underrepresented populations obtain a college education is Lisa's labor of love.

When she does get a chance to unwind, Lisa enjoys quality moments with quality people, culturally-conscious art and events, smooth jazz, martial arts cinema, sunsets, and animals. She's never met a dog she didn't love. Lisa holds a biology degree from Towson University, and a lover of life degree in humanity.

For all that she does, Soror Lisa Eley is our Zeta Crush for this Wednesday.



October 10, 2018

Foot-longs, city lights, Coney Island, and the Brooklyn Bridge. Isis Alexander is a proud native of Brooklyn, New York, and she will forever love the city life. Heavily recruited as a high school track and field standout, Isis seized the opportunity to be a first-generation college student when she accepted a track and field scholarship to Delaware State University (DSU). This is where Isis got her first taste of Greek Life. She was impressed with the young women of Zeta Phi Beta Sorority, Inc. They were the kindest and most down-to-earth ladies she'd ever met; she saw herself in them. From that moment on, Isis knew without a doubt that she wanted to be Zeta.

With thoughts of Brooklyn on her mind and longing for the feel of the big city, Isis traded the rural aura of DSU for Coppin State University in Baltimore. There she continued her athletic prowess at a Division 1 school in the Mid-Eastern Athletic Conference (MEAC). It wasn't long before Isis helped lead her team to victory with an MEAC conference championship in cross-country.

Successfully balancing academics as a biology major and chemistry minor, athletics, and community service, Isis caught the eye of the same sorority that warmly welcomed her to DSU. Isis accepted the invitation to be a part of the BEST organization ever, Zeta Phi Beta Sorority, Inc., Nu Gamma Chapter. She loved how hard the sorors worked for the love of Zeta.

When it was time to choose a graduate chapter, Isis saw that the women of Eta Pi Zeta Chapter had a strong community presence in giving and serving, something that's near and dear to her heart. Isis joined Eta Pi Zeta Chapter and immediately made an impact by serving diligently as chapter *Tamias Grammateus* and *Tamias*. She also was a local and state fixture on the *Finer Womanhood Committee*.

Isis still loves running, which she does a lot of that these days in her spare time. And she's active in her church at the Potomac Church of Assembly of God in Germantown, MD. Isis enjoys cooking and baking, and her job as a Laboratory Technician. But her greatest joy and best gift ever is being the Mom to a very special young daughter and Zeta Pearlette named Morgan, who is also a budding runner.

For all that she does, Soror Isis Alexander is our Zeta Crush for this Wednesday.

